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## The Happiness Agenda: A Modern Obsession

*S. Burnett*

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**S. Burnett : The Happiness Agenda: A Modern Obsession** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Happiness Agenda: A Modern Obsession:

Explores why contemporary Anglo-American society is obsessed with happiness. Striving to be happy is now a morally imperative pursuit. Through the lens of novel social theory, this book explicates how this has transpired as consequence of a complex 'conspiracy of coordination' between political, organisational and psychological

developments.

About the Author SIMON BURNETT has worked for both Lancaster University and Working Families, the UK's leading work-life balance charity. He has published research for academic and corporate audiences on: well-being, flexibility, health, gender, parenthood and families. This is his first book.