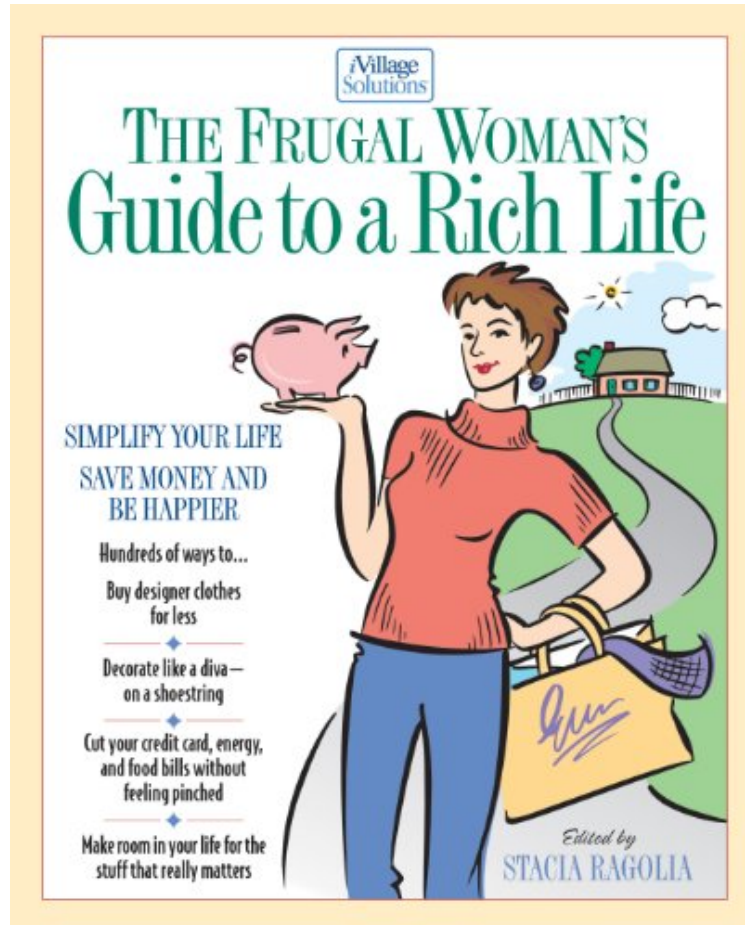


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## The Frugal Woman's Guide to a Rich Life (Ivillage Solutions)

Thomas Nelson

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**Thomas Nelson : The Frugal Woman's Guide to a Rich Life (Ivillage Solutions)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Frugal Woman's Guide to a Rich Life (Ivillage Solutions):

73 of 73 people found the following review helpful. A frugal woman knows she doesn't need this book...By bookreaderThis book was published by IVillage. It is a compilation of postings from IVillage members -- advice on how to save money, time, etc. The sections all begin with "A frugal woman knows..." For example, "A frugal woman knows not to carry balances on her credit card" (but the book does not go into particular detail on debt reduction). Or "A frugal woman knows that to save money on groceries, she should try generic brands and loss leaders and always shop from a list." (uh-huh) My advice: A frugal woman knows that all of this information (if you don't know it already) can be found for FREE on the IVillage Web site. Don't waste your money. (Or else check it out of your local library.)34 of 35 people found the following review helpful. Very basicBy A CustomerAlthough this book is packed with many interesting tips I found it just that - a compilation of tips and lacking any real in depth issues. Most of the generic tips I have read before in other frugal publications and others are just plain common sense. Its a good book for

those just beginning to seek sorting out their finances - but far too basic for others that have already been treading this path for a year or so.

The Frugal Woman is not cheap. She's a cost-conscious, savvy consumer who avoids wasting her time, her money, and her energy on things she does not need. She's organized about her money management, spending, and household planning. She makes decisions based on her own needs and values. She's in control of her life. The Frugal Woman dresses her kids in brand-name clothes, gets her hair done in salons, buys antique furniture eats gourmet meals, gives gifts that wow her friends and family - and all the while socks money away in her savings and retirement account, living free of credit card debt, and feeling secure about tomorrow while enjoying today. The Frugal Woman's Guide to a Rich Life tells how to be just such a Frugal Woman - how to make the best use of what you already have, how to identify what you really need in your life (and what you don't), how to get the necessities (and even a few luxuries) for less, and how to cut down on your and the earth's wasted resources.

About the Author Stacia Ragolia is the Vice President of Community Services at iVillage, where she oversees the online discussion groups that are the backbone of the iVillage.com website. She has also been the managing producer of The Hub, and AOL site targeted at young adults, and managing editor of numerous magazines, including Beauty: What's Age Got to Do with It; Your Body, Your Health; and Tell, a teen magazine. She graduated from Hamilton College and is a member of Phi Beta Kappa. She has been happily married for seven years, and lives with her husband and two children in Westchester County, New York.