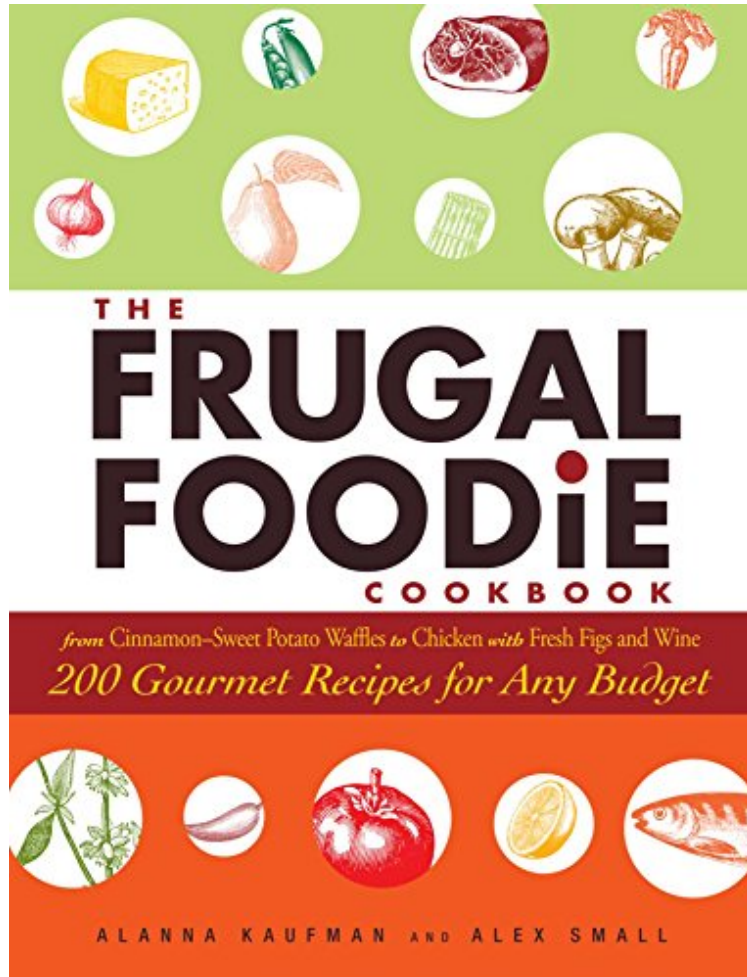


[Download] The Frugal Foodie Cookbook: 200 Gourmet Recipes for Any Budget

The Frugal Foodie Cookbook: 200 Gourmet Recipes for Any Budget

Alanna Kaufman, Alex Small

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Alanna Kaufman, Alex Small : The Frugal Foodie Cookbook: 200 Gourmet Recipes for Any Budget before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Frugal Foodie Cookbook: 200 Gourmet Recipes for Any Budget:

0 of 0 people found the following review helpful. Five Stars By Ken B. EXCELLENT 2 of 2 people found the following review helpful. YUMMY recipes with gourmet results!!! By Kate As the owner of over 50 cookbooks this is one of my favorites. I've made several of the dishes including Lemon-Yogurt Salmon and Orzo salad (delicious), Thyme-encrusted salmon (wonderful), Eggplant pasta alla Sicilana (awesome) and the Basil Pesto just to name a few and have not been disappointed with any of them. Most of the recipes are easy to make with "gourmet" results. I also found the "Ten Frugal Foodie Tips" very interesting and helpful. I gave copies to my sons and all my nieces and nephews for Christmas and they love it as well. If you want to try some new and different dishes that are delicious and "dinner party" worthy without breaking the bank, this is the cookbook for you. 3 of 5 people found the following review helpful. They could've put more effort into it By jupiterjazz I can't find a single interesting recipe in this book.

There are no pictures, which to me, is important because it's good to see how your dish is 'supposed' to look. The dessert section is huge, while the poultry section is very small. Don't waste the \$10 on this book. Instead, spend less. Spend \$6 on *The Poor Girl Gourmet* which is a MUCH better cookbook with cheaper meals and a MUCH better layout. Not only does it have glossy pictures and pages, but there are cooking hints and tips. Overall, I felt that the *Frugal Foodie* was just a thrown together book for these two college kids to make a buck.

Grilled Peach Shrimp Crostini
Colorful Risotto-Stuffed Peppers
Butternut Squash Apple Soup
Cooking great meals at home doesn't have to cost a fortune. Written by two foodies who refused to let their eat-in kitchen or tiny budget disappoint their taste buds, this creative collection proves you don't have to be wealthy to enjoy fine food! Alanna Kaufman and Alex Small, founders of the popular blog TwoFatAls.com, offer you 200 mouthwatering recipes that will please their palates and their pocketbooks, such as: Pomegranate Fig Bites, Balsamic Grilled Artichokes, Honey-Thyme Pear Goat Cheese Sandwiches, Seared Tuna with Fennel, Apricot Brandy-Baked French Toast, and more! Complete with tips on how to affordably stock and maintain a frugal pantry, as well as price breakdowns for each serving, this cookbook shows how to eat well without breaking the bank! Complete with tips on how to affordably stock and maintain a frugal pantry, as well as price breakdowns for each serving, this cookbook shows how to eat well without breaking the bank!

About the Author Alanna Kaufman (New York, NY) is originally from Bethesda, MD. She has always loved writing, and served as city news editor of the *Daily Pennsylvanian* while attending the University of Pennsylvania with Alex. She also spent a year writing for *Slashfood*, AOL's food blog. In addition to writing for *Two Fat Als*, Kaufman is also attending graduate school in New York City.