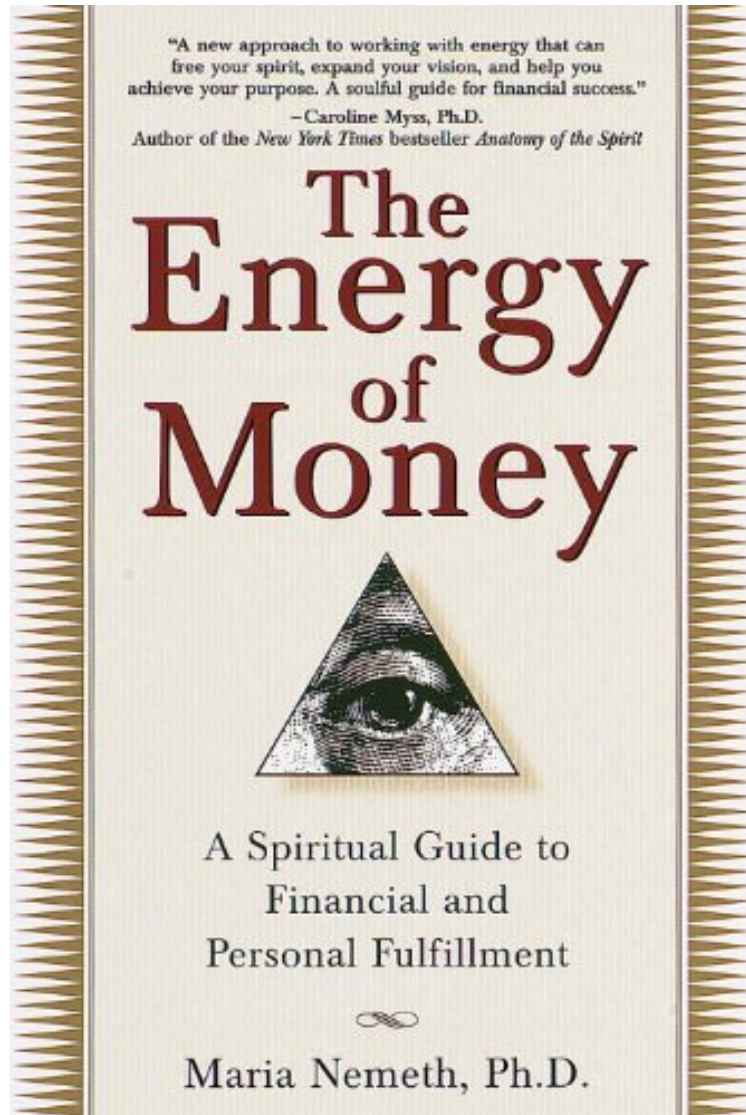


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# The Energy of Money: A Spiritual Guide to Financial and Personal Fulfillment

Maria Nemeth Phd

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"Would it be all right with you if life got easier?" Thousands worldwide have answered yes to that question at Dr. Maria Nemeth's breakthrough workshops, "You and Money," where they have learned how to build a powerful new relationship with money and bring their dreams to fruition. Now in *The Energy of Money*, Dr. Nemeth synthesizes spiritual and practical techniques to create a unique, authoritative program for achieving personal life goals and financial wealth. Combining a thorough self-help and self-discovery regimen with proven methods of money management from Nemeth's nationally successful seminars--including four steps to establishing a healthier relationship with money--this powerhouse guide to prosperity will help you uncover the hidden landscape of beliefs, patterns, and habits that underlie and sometimes subvert your everyday use of money and personal resources. Through exercises and meditations, worksheets, and other interactive processes, Dr. Nemeth takes you on a journey from which you will discover your sources of personal power and financial fulfillment; work through inner obstacles to your success and happiness; and harness the energy of money to realize your most cherished goals and aspirations. "Money is congealed energy," said Joseph Campbell, and releasing it releases life's possibilities. *The Energy of Money* is clear, down-to-earth, and inspiring. It will guide you to financial success and help you manifest your special contribution to the world.  
From the Hardcover edition.

.com *The Energy of Money: A Spiritual Guide to Financial and Personal Fulfillment*, by Maria Nemeth, Ph.D., outlines a distinctly unique approach to one of the most dominant yet forbidden topics in modern society: money, and how we deal with it. A clinical psychologist who once lost \$35,000 in a fraudulent investment scheme, Nemeth learned from that ordeal (and similar experiences of friends and associates) how most of us develop relationships with money, and the ways in which we subsequently can bring these in line with our actual dreams and realities. She initially used this knowledge to start a workshop called *You and Money*, which eventually attracted more than 4,500 participants and led to the development of concepts now delineated in this book. Quoting relevant wisdom espoused by those ranging from Joseph Campbell and Ram Dass to Mark Twain and Dorothy Parker, Nemeth sets out "12 principles for personal fulfillment" designed to help readers "uncover the hidden landscape of beliefs, behavior patterns, and habits that underlie and sometimes subvert how you use money and other forms of energy." The result is a refreshing, useful, and surprisingly accessible mixture of universal financial advice and the much rarer--but no less important--ethereal side of fiscal self-management. --Howard Rothman  
From Booklist  
Nemeth is a clinical psychologist who, after losing \$35,000 in an investment scam, became interested in psychological and emotional attitudes about money and how financial decisions are made. She went on to create a seminar called "You and Money" and authored a book in 1997 with that title. She has also already released a nine-hour series of cassettes called *The Energy of Money* on which this newest book is based. Nemeth tries to get people to think of money as another kind of energy and then consider how they handle each kind of energy--such as physical vitality, enjoyment, creativity, etc. She stresses that this is not an investment manual, not a collection of tips on how to save money. Instead, it is a guide that lays out 12 principles for personal fulfillment that will help individuals decide what it is they really want in life and how to use their money to achieve their goals. David Rouse "Maria Nemeth's *The Energy of Money* is a compassionate and empowering book, filled with both practical exercises and philosophical insight. It will enhance the journey to financial wholeness for the millions of Americans who have been seeking a better game than 'more.' Nemeth's road map is detailed, explicit, interactive, thorough, and easy to read."--Vicki Robin  
Coauthor with Joe Dominguez of the New York Times bestseller *Your Money or Your Life*  
"The Energy of Money is empowering and exciting. Anyone who has ever been concerned about money will find both the cause of the problem and the solution in these pages. I thoroughly enjoyed the practical and eye-opening exercises throughout the book. They are very effective at getting to the heart of our relationship with money and healing it."--Christiane Northrup, M.D.  
Author of the national bestseller *Women's Bodies, Women's Wisdom*  
From the Trade Paperback edition.