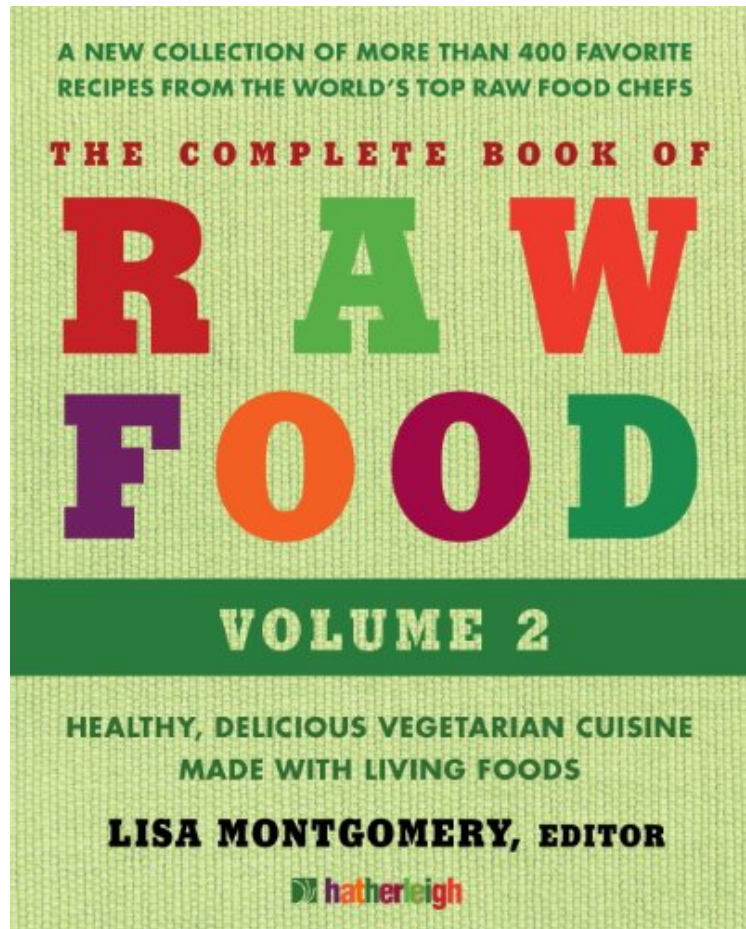


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The Complete Book of Raw Food, Volume 2: A New Collection Of More Than 400 Favorite Recipes From The World's Top Raw Food Chefs (The Complete Book of Raw Food Series)

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compliments for them!

Enhanced Ebook Edition in Beautiful Color! A Dynamic New Collection of Over 400 Easy and Delicious Raw Food Recipes The Complete Book of Raw Food, Volume 2 guides you through the process of creating fantastic raw meals. Over 400 favorite recipes from the world's leading raw chefs have been assembled and curated by acclaimed author Lisa Montgomery. This new collection includes everything from soups and salads to main dishes and desserts, plus smoothies, breads, crackers, dips, and more. Also included is Lisa's sage advice on choosing ingredients; what tools you will need to create raw dishes; tips on dehydrating, sprouting, fermenting, and juicing; as well as prep times for all recipes. Here are just a few examples of the delicious recipes available in The Complete Book of Raw Food, Volume 2:

- Sweet Cranberry Kale Salad
- Tomato Squash Soup
- Three Nut Basil Pesto Pasta
- Cucumber-Pineapple Gazpacho
- Creamy Camu Avocado Yogurt
- Pesto Spinach Portobello
- Sweet and Savory Bean Salad
- Almond-Coconut Macarons
- Cinnamon Roll Milkshake
- Cauliflower Casserole
- Eggplant and Spinach Parmesan
- Nutty Almond Caramel Apple Slices

Comprehensive and easy to follow, The Complete Book of Raw Food, Volume 2 is for anyone who wants to create flavorful, healthy recipes at home. It is a must-have in your raw food library!

About the Author Including over 400 Recipes from the World's Top Raw Food Chefs Including: Adagio, Joe Barr, Derek Batman, Dr. Eric Benedetti, Dave Biddison, Sally Bowdle, Colin Brett (Kimberton Whole Foods), Annmarie Cantrell, Sheryll Chavarria, Chili Smith Family Foods, Brenda Cobb, Denise DiJoseph, Eagle Sky Fire, Will Eddy, Dr. Douglas Graham, Cara Graver, Marina Grubic, Roger Haeska, Karen Handman (Good Faith Farms), Sue Hess (Farm at Coventry), Brenda Hinton, Drew Hunt, Ken Immer, Janice Innella, Tammy Jerome, Arnold Kaufman, Larry Knowles, Terrina Kramer, Betti-Lou Kramer, Wendy Landiak, Linda LeBoutillier, Karmyn Malone, Elysa Markowitz, Annie Marshall, Melissa Miles, Natural Zing, Natalie Norman, Joel Odhner, MJ Pangman, Christy Parry, Brooke Preston, Terry Ramsey, Karen Ranzi, Raw Can Roll Cafe, Rhio, Tiffany Robbins, Jenny Ross, Dave Scully, Barbara Shevkun, Strawberry Fields Naturally, Jinjee Talifero, Ultimate Superfood, Antanas Vainius, Scott and Raechelle Walker, Bruce Marsha Weinstein, Lany Wenke, Laura Sipes Wright, Elizabeth Yang, Tonya Zavasta and Scott Zukay. Lisa Montgomery (Editor): Lisa graduated from the Living Light Culinary Arts Institute as an associate/chef instructor and has received a Raw Chef Mastery certification from Quintessence in New York, NY. She is also the author of Raw Garden, Liquid Raw, Raw Survival, Raw Challenge, and Raw Potluck.