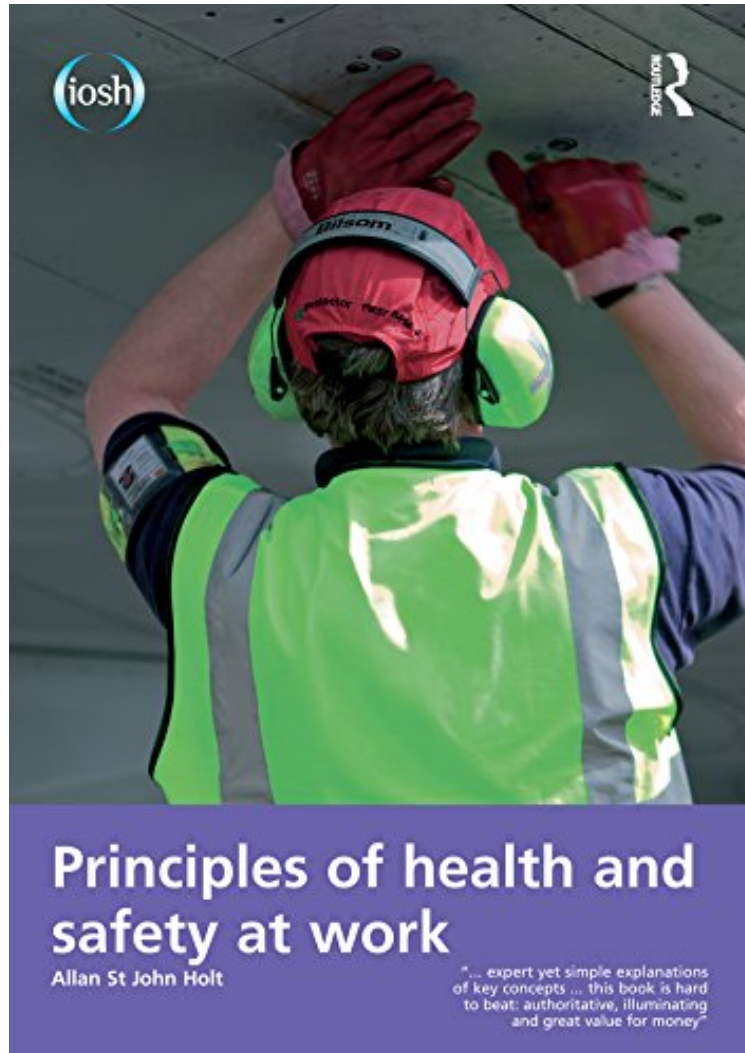


# Principles of Health and Safety at Work

Allan St John Holt, Jim Allen

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**Allan St John Holt, Jim Allen : Principles of Health and Safety at Work** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Principles of Health and Safety at Work:

This is a reprint of ISBN 978-0-901-35743-4 Widely acknowledged as the one stop summary of health and safety fundamentals, Principles covers law, safety technology, occupational health and hygiene and safety management techniques. Originally written by the late international health and safety expert Allan St John Holt, this new edition has been comprehensively updated by Allan's colleague Jim Allen. The book is designed as a concise, accessible introduction to health and safety basics and includes revision notes and a wide range of references. It is a first class resource for NEBOSH Certificate students.

About the Author Allan St John Holt was one of Britain's best-known safety experts. He lectured widely in the USA, Canada, the Asia-Pacific region and Australia on health and safety matters. He was twice president of IOSH, a Chartered Fellow of the Institution and a Chartered Safety and Health Practitioner. Allan founded the profession's examining body, NEBOSH, in 1979. After establishing and later becoming the non-executive chairman of Hascom Network Ltd, he became global director of environment, health and safety for Bovis Lend Lease. He was subsequently head of health and safety at Royal Mail Group. An Ambassador of Veterans of Safety International, he was inducted into the Safety and Health Hall of Fame International in 1997 and in 2000 received the Distinguished Service to Safety Award of the US National Safety Council. In 1991 he was elected honorary president of the Southampton Occupational Safety Association. He died in 2007. Jim Allen worked alongside Allan St John Holt for 30 years, first as a safety adviser with E St John Holt and Associates, a company founded by Allan's father, then as a director of Hascom Network Ltd. Jim retired as managing director of Hascom in 2011. Together Jim and Allan wrote *Health and Safety in Field Archaeology*, published by the Federation of Archaeological Managers and Employers. Jim Allen is a Chartered Fellow of IOSH and a Chartered Safety and Health Practitioner. He is the current vice-chairman and treasurer of IOSH's London Metropolitan Branch Construction Group. He was elected chairman of the council of the Surrey County Agricultural Society in 2007 and was its honorary safety adviser for nearly 20 years.