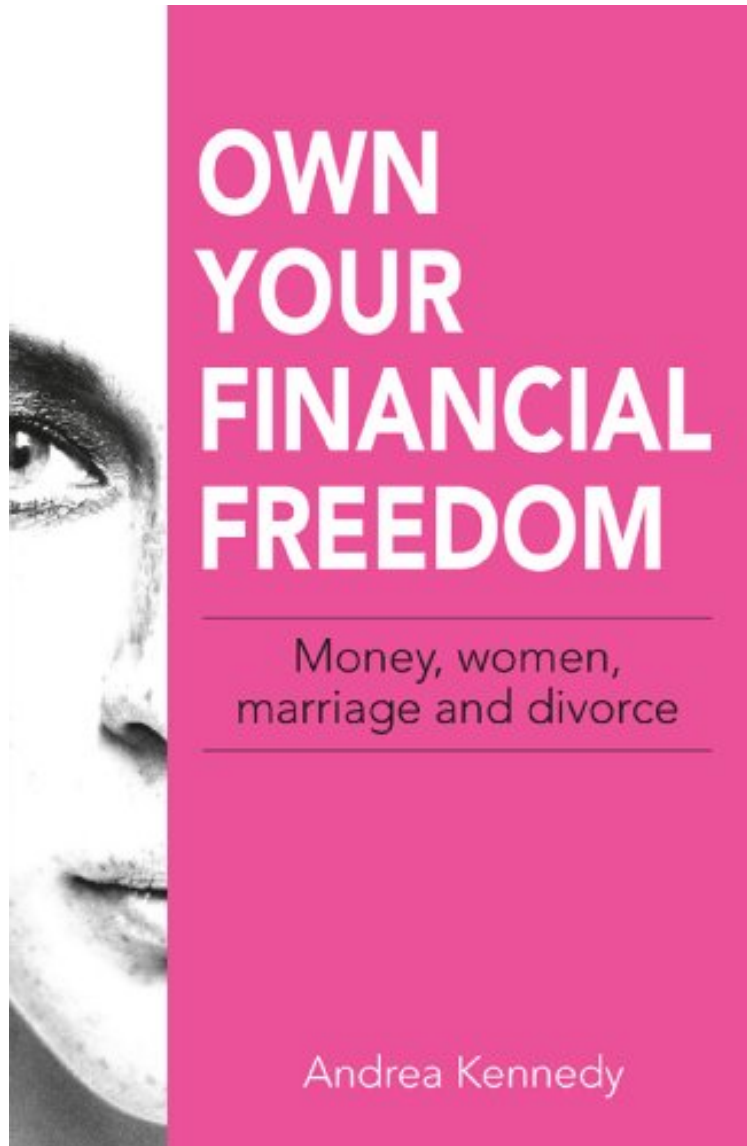


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# Own Your Financial Freedom: Money, Women, Marriage and Divorce

*Andrea Kennedy*

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**Andrea Kennedy : Own Your Financial Freedom: Money, Women, Marriage and Divorce** before purchasing it in order to gage whether or not it would be worth my time, and all praised Own Your Financial Freedom: Money, Women, Marriage and Divorce:

2 of 2 people found the following review helpful. Empowerment and creating more options for your lifeBy Stephen Otis EdwardsI am a psychologist in Hong Kong and I see divorcing couples where the issue of money becomes

divisive and many women are put at a great disadvantage for their future as a result of their lack of understanding/empowerment/involvement/ownership around money. Ms. Kennedy's book is the most comprehensive and helpful that I have seen to date, addressing not only the practical 'how to's' of money management (rather than just high level reference to principles) but also flagging the critical psychological mind-blocks that keep people stuck, self defeating and vulnerable. The book demystifies financial management and brings home the reality that with some mind opening and education this is a realm accessible to anyone, and a key part of taking ownership of one's future. A big plus too is the girlfriend conversational style that Ms. Kennedy employs, which not only keeps the reader engaged until the end but underscores this idea that taking charge of one's financial management/future is simply one more realm where women can and should thrive in! The only minor amendment I would offer is an emphasis on the potential positive impact of antidepressants in helping people move into a different state of consciousness so they can best help themselves. If the treatment is ostensibly not working then dose probably needs to be addressed rather than throwing out the very idea of medication. I mention this as so many woman in the face of divorce are understandably in grief/trauma and at times reject effective treatment like medicine and therapy with the idea that they should 'be strong and get over it' and yet this often leaves them stuck in the very mess they want out of. Ms. Kennedy encourages us all to move from fear to empowerment, victim stance to master of our destinies, and challenges us to own our stories - with the bonus of nuts and bolts financial skilling up!

1 of 1 people found the following review helpful. Are you independent?By pip odonnellAndrea Kennedy is forging new ground with her book,In simple, easy to understand dialogue, she gives us the tools to confidently investigate what might be holding us back,to understand how best to handle our own money, and to grow wealth.Importantly, she goes where others fear to tread - into financial dealings around marriage and divorce.With true-life scenarios, Andrea demonstrates how we can survive and thrive in any situation, providing we learn her lessons spelled out in "Own Your Financial Freedom".I love it want every woman I know to read this book and start on the path to genuine financial freedom, whatever your circumstances.1 of 1 people found the following review helpful. Informative and easy to readBy SalaI work in the area of family mediation so regularly see people trapped in conflict who also have to discuss finances maybe for the first time. This book is a real resource for women facing this challenge. Of added benefit is the examples used from Asia specifically Hong Kong and Singapore. An important book for women working through their divorce.

It is never too early to get a financial reality check to ensure long term financial security. Practical, savvy, and wide-ranging, Own Your Financial Freedom will inform women of important financial constructs prior to marriage and educate women on the 'what-ifs' of a divorce proceeding and post-divorce money management. By making effective money decisions at every stage of your life, if a divorce is ever inevitable, you will feel far more in control and aware of what you are entitled to, making divorce a straightforward process and not a lengthy battle.Packed with essential advice from professionals and financial gurus, Own Your Financial Freedom will help anyone navigate through the emotionally, economically and legally challenging divorce procedure. From understanding entitlements, coming to a settlement and to planning long-term investments, this book is an essential guide to achieving financial freedom.

About the AuthorCurrently the principal of Wiser Wealth Andrea Kennedy is an investment manager who has been providing coaching and consultation services to couples, families and professional women for the past decade in Hong Kong, Singapore and Shanghai. Andrea has a blog, 'Women on Money' (www.wiserwealth.net/blog), and is often interviewed for her perspectives on wealth creation for women and couples. Andrea has a bachelor degree in Psychology and a Masters degree in International Affairs and Economics and is a certified financial planner (CFP). Originally from Chicago, Andrea has lived in Asia for the last 20 years.