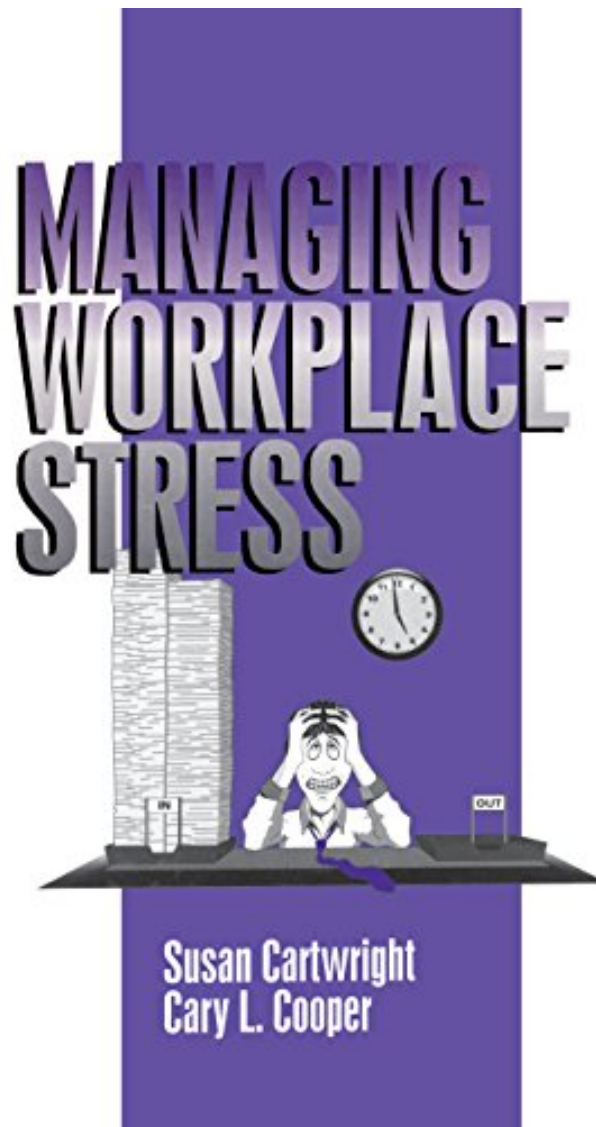


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Managing Workplace Stress (Advanced Topics in Organizational Behavior)

Susan Cartwright, Cary P. Cooper
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`Written primarily for the employee, this book is a gold mine of easily assimilated information and ideas which should

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Stress in the workplace is an ever-increasing problem and its consequences, such

About the Author Professor Sir Cary Cooper, CBE, is The 50th Anniversary Professor of Organizational Psychology and Health at Manchester Business School, University of Manchester, UK. He is also the President of the Chartered Institute of Personnel and Development, President of the British Academy of Management and President of RELATE (the national relationship charity). He is the author/editor of over 150 books, over 400 scholarly articles and a regular contributor to radio and TV. He was knighted by the Queen in 2014 for his contribution to the social sciences. He is the Editor-in-Chief of the Wiley-Blackwell Encyclopedia of Management (14 volumes), Editor of Whorsquo;s Who in Management, Editor of the Wiley-Blackwell WELLBEING volumes (six), Founding Editor of the Journal of Organizational Behavior, Founding and Formernbsp; Chair of the government think tank The Sunningdale Institute and lead scientist on the Government Office for Science Foresight project on Mental Capital and Wellbeing. In 2015 he was voted by HR Magazine as the Most Influential HR Thinker,nbsp; has been made an Honorary Fellow of the British Psychological Society, Royal College of Physicians, The Royal College of Physicians of Ireland (Occupational Medicine) and many more; and has Honorary Doctorates from a number of universities (eg Sheffield, Bath, Aston, Heriot Watt, Middlesex, Wolverhampton).nbsp;