

## Gluten-Free Girl Every Day

Shauna James Ahern

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**Shauna James Ahern : Gluten-Free Girl Every Day** before purchasing it in order to gage whether or not it would be worth my time, and all praised Gluten-Free Girl Every Day:

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An award-winning, approachable cookbook intended for home cooks making dinner for their families, gluten-free Shauna Ahern, the author of *Gluten-Free Girl* and the *Chef*—named by the New York Times as one of the best cookbooks of 2010—returns with a new cookbook for busy people who still love to cook. *Gluten-Free Girl Every Day*, winner of a James Beard Foundation cookbook award, features food you want to cook every day: fresh, satisfying, and filled with great flavors. The inspired ingredient pairings of these recipes come from the collaboration of Ahern and her husband Danny, a professional chef. Vegetables in season are the key to these healthy, relatively simple recipes, along with whole grains, beans, and a few key spices and homemade sauces. *Gluten-Free Girl Every Day* also includes practical tips on how to stock a gluten-free pantry, as well as helpful insights into how to bake gluten-free. Features 120 gluten-free recipes for weeknight dinners and dessertsIncludes suggestions for foods that can

be made ahead or frozen to make dinnertime easier Organized around different types of dinners: Breakfast for Dinner, One-Pot Wonders, Stir Fries, and Breaking Down a Chicken, for example All the recipes in Gluten-Free Girl Every Day are gluten-free, and many are dairy-free or vegetarian as well. However, the only thing that truly matters is that these dishes are delicious.

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