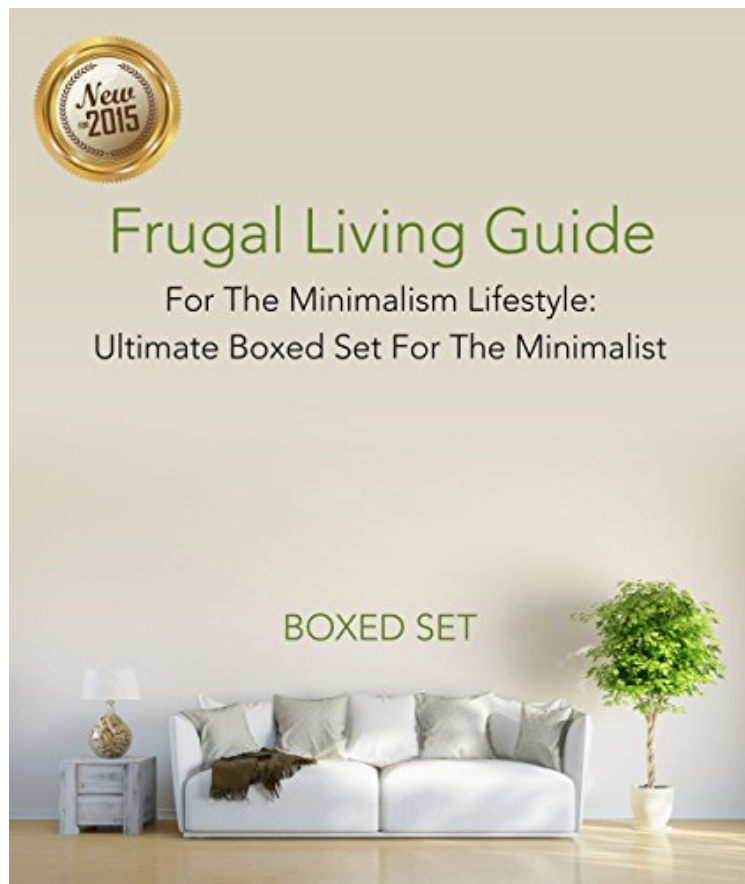


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0 of 0 people found the following review helpful. Great Beginner's Guide to a Minimalism Lifestyle By I Love My Kids I am always interested in simplifying my life, since this world is full of "stuff" (whether it be material items, personal issues/stress, or people intent on causing problems/drama in your life) that we simply don't need (and many times absolutely need to do without/get rid of) in order to live a freer and more beneficial/healthy life for yourself. It's not merely about the physical aspects of being "organized" and having "less"; it's a concept that impacts your physical, emotional, and spiritual environment. For years now, my husband and I have embarked on a journey of making things much more simple, without sacrificing our quality of life that we enjoy, but there is always room for improvement. I downloaded this book to see if it could suggest more ideas on a more minimalism lifestyle (I would not call ourselves

anywhere close to outright minimalists). Even if you are not striving for complete minimalism and simply are aiming on improving your life in order to streamline things more efficiently to gain more time for other healthier pursuits, this is a good introduction to give you some very basic ideas on where to start. You may be already aware of most of the concepts as "common sense", in a manner of speaking, but it gently points you in the right direction to actually DOING it and not just thinking about it or talking about it (and then later complaining that your life is too complicated). If you are already a minimalist and living that lifestyle, this may not be of much use for you, but I feel that this is an easy beginner's guide for people who want to dip their toes into it. I especially think some of these concepts could especially benefit young adults getting out into the real world for the first time, and can also benefit other adults that find themselves struggling with a roller coaster economy and general stress. Everyone always complains about needing more time, and there are some very simple tips in these (some of us are already doing, but many people are not) that can help achieve a little of that, too. I appreciate that this includes a few different authors with different insights and perspectives on various aspects of this lifestyle. They have written everything very simply and it is very easy to read. You're not going to be sitting down and studying 500 pages of endless content with complicated jargon. Just like their lifestyle, they keep it simple and sweet. If I am reading it right, one author outright admits that they are a hoarder and turned to this lifestyle as a means to manage it, which I believe is incredibly brave and takes extra dedication and maintenance than your average person attempting to make a go of simplifying their life. The fact that they are willing to share what they have learned should be an inspiration for many of us that struggle with all the "stuff" we have. The honesty of the authors and their pointers can be of great value for anyone embarking towards paring things down in their life. I received this at a discount/for free in exchange for my honest and unbiased review. 2 of 2 people found the following review helpful. Great Real Life Ideas Included In This Book By Noah P. My husband and I recently had friends over for dinner who are both out of work. They are a family of three, both very well educated and have great financial planning skills. They mentioned that they were considering purchasing an RV, parking it on some land and living a minimalist lifestyle. I of course immediately thought there's no way my family could survive like that. My husband and I have six kids. We live in a suburban home with a lot of space and we quite frankly like it that way. Our children have a playroom upstairs with a small kitchenette, we seriously wouldn't have to see them at all if we chose not to. This has its benefits (my husband and I can escape into our own little world when we like) and its challenges (it's easy to live apart which defeats the purpose of family's). I wanted to do a little bit of research on the frugal living lifestyle and I believe that the Frugal Living Guide by Speedy Publishing is a great exploration step into the minimalism lifestyle. Because I'm truly a newbie to this, the book was a great introduction and provided good insight and ideas of how to get started with actual real life steps. I think there is some great quality ideas in this book and anyone who is interested in learning more should take the time to read this. Disclosure: I received Frugal Living Guide by Speedy Publishing for free in exchange for my unbiased and honest review. When purchasing products online, especially on Amazon, I understand how important it is to get an honest opinion about a product. Regardless of the discount I receive, I leave feedback that is honest, fair and that is my personal experience with the product. If you think that my assessment of the product has been beneficial please let me know! 2 of 2 people found the following review helpful. Save your way to save your future. By Meissa969 Format Kindle Edition This review is on Frugal Living Guide for The Minimalism Lifestyle by Speedy Publishing. "There are many benefits to frugal living and minimalism. The first is that it helps to keep people from getting deep into debt. Many consumers make the mistake of living well beyond their means. When a person takes on a large debt burden, they are not financially independent. This can hurt one's chances of maintaining a good credit score. Minimalism helps to ensure that people have the essentials that they need and that no matter what happens, people will be provided for." This is a fairly long book as a self help ebook would be considered. It does provide you with some good tips and insights on how to organize the financial aspects of your life and to begin to live a minimalist lifestyle. There are a lot of everyday tips that can teach you how and where to scale back on spending and when it's OK to splurge in some respects. It makes you stop and ask the question a lot that do I really need this. That is a huge problem in our consumer driven society today. People think that they need more and more stuff. Stuff, in my opinion, is replacing the quality of time that can be spent with family and friends. To be honest it is a poor substitute and too many parents today are using technology and STUFF as babysitters for their children instead of spending time with them. This book will tell you ways to eliminate overspending and splurging, ways to cut back on things and maybe not even realize that you are doing it. If you are trying to get financially healthy this is probably a good read for you, or if you are trying to spend less and save more. Plenty of good tips in here for those things.

There are many benefits to frugal living and minimalism. The first is that it helps to keep people from getting deep into debt. Many consumers make the mistake of living well beyond their means. When a person takes on a large debt burden, they are not financially independent. This can hurt one's chances of maintaining a good credit score. Minimalism helps to ensure that people have the essentials that they need and that no matter what happens, people will

be provided for.