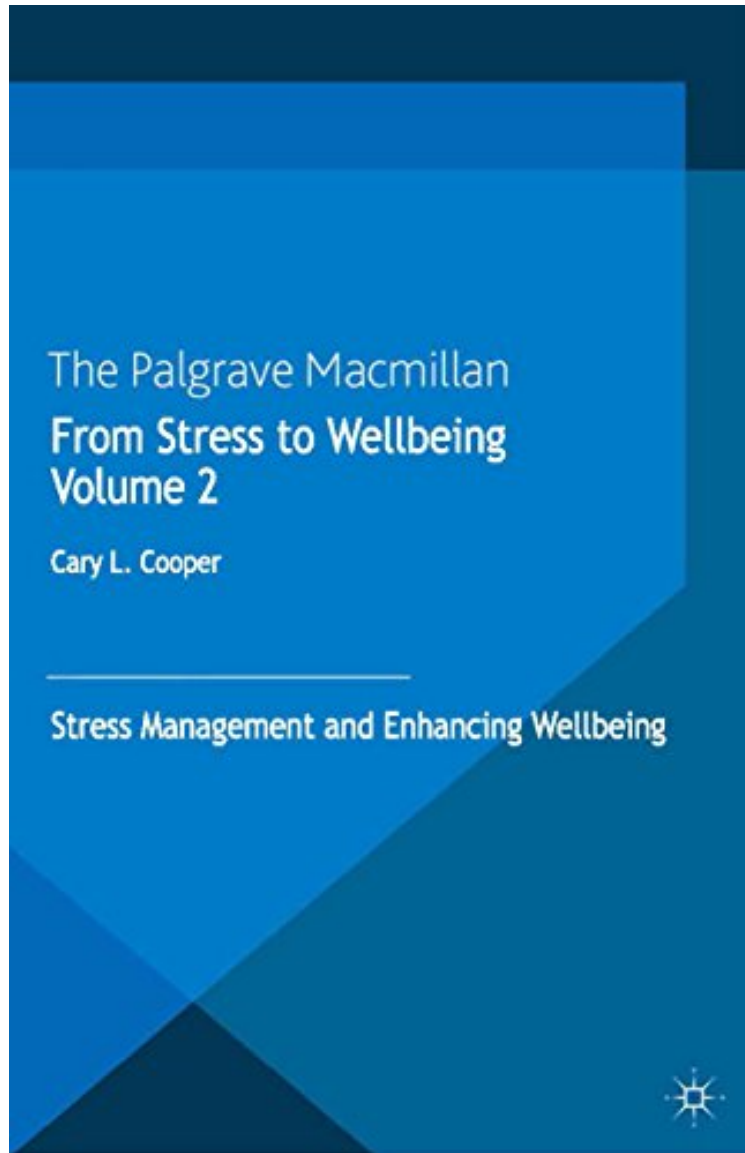


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From Stress to Wellbeing Volume 2: Stress Management and Enhancing Wellbeing

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A comprehensive collection by Professor Cary Cooper and his colleagues in the field of workplace stress and wellbeing, which draws on research in a number of areas including stress-strain relationships, sources of workplace stress and stressful occupations. Volume 2 of 2.

To come
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