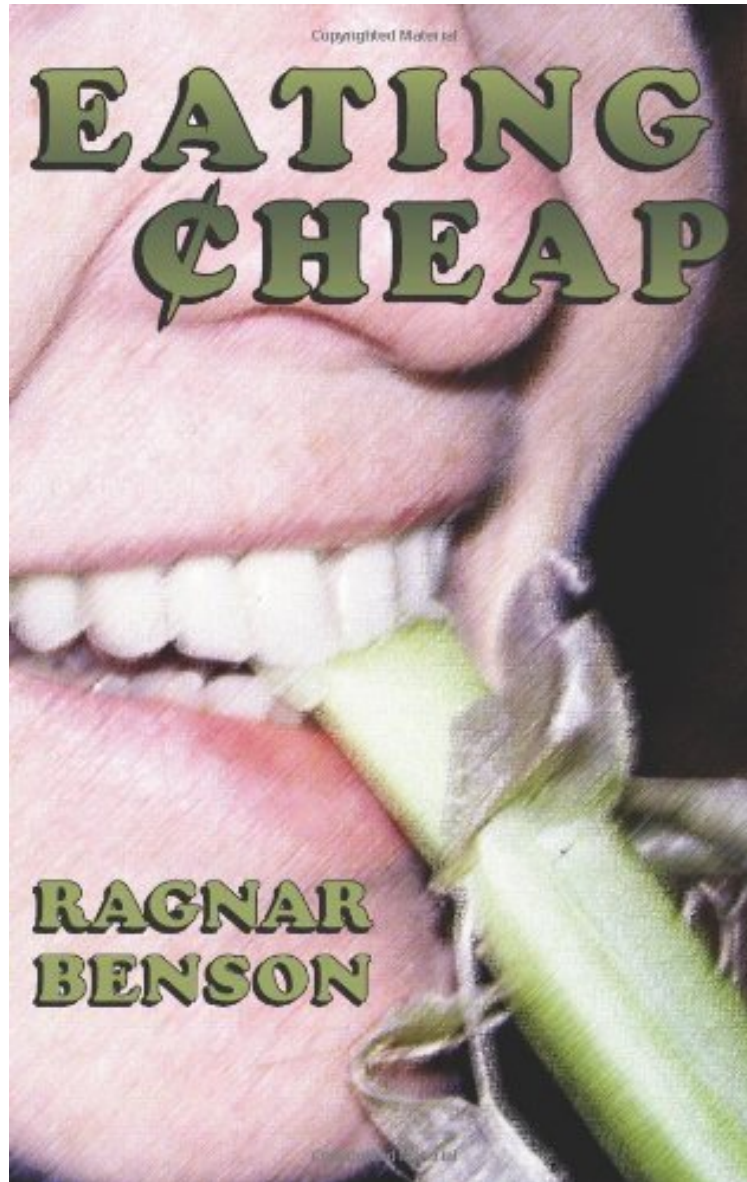


[Mobile ebook] Eating Cheap

## Eating Cheap

*Ragnar Benson*

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**Ragnar Benson : Eating Cheap** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Eating Cheap:

1 of 1 people found the following review helpful. Yikes, beware dog and cat lovers  
By Twain Mark  
This is a well written book, although the recipes for dog and cat are a bit over the top. He does make a good point that we put down dogs at the pound that could go for feeding the poor. Guess it's a cultural thing, I'd have to be really desperate to eat a dog....maybe a cat or two(only joking). He has some other interesting ways of obtaining food, although I don't think

his main concerns are nutrition or cleanliness. Perhaps the title could be more descriptive of the contents somehow. If you have an open mind and aren't a member of PITA, then it is an interesting read. 1 of 1 people found the following review helpful. FYI By Freeman The first 6 chapters are more or less reflections on past foods. Chapters 7 - 12 are what makes the book. PETA would not be happy with the menus but I learned most everthing is eatable when you are hungry. 0 of 0 people found the following review helpful. Only fools starve and this book proves it By baddog I loved it no reason for anyone to be starving in America food is literally everywhere

Learn Ragnar's own secret methods of obtaining good, wholesome food in less than ideal circumstances. Chapters include Cheap Meat Sources, Easy Pickins, The Fine Art of Gleaning, Wild and Semi-Wild Game, Raising a Garden, and Do-It-Yourself Butchering.

About the Author Ragnar Benson is America's most-esteemed survival expert. He has written more than 20 books for Paladin throughout the years on a variety of topics covering everything from weapons to politics to survival medicine.