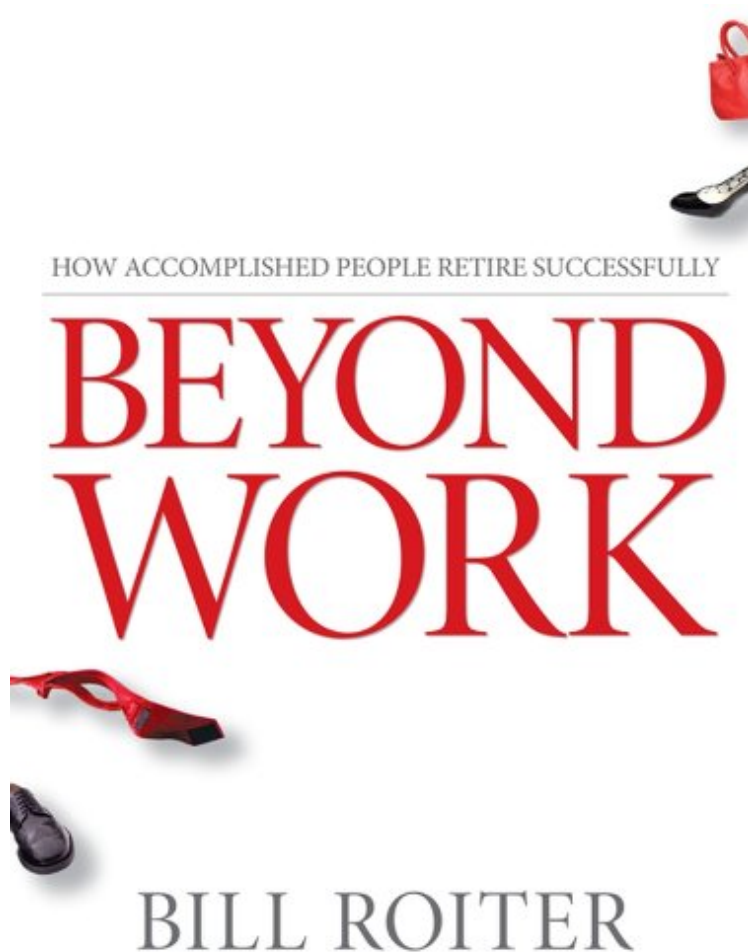


(Library ebook) Beyond Work: How Accomplished People Retire Successfully

Beyond Work: How Accomplished People Retire Successfully

Bill Roiter

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Bill Roiter : Beyond Work: How Accomplished People Retire Successfully before purchasing it in order to gauge whether or not it would be worth my time, and all praised Beyond Work: How Accomplished People Retire Successfully:

1 of 1 people found the following review helpful. Not just another retirement book - a real gem! By Mike ZAs I contemplate retirement, I've read many, many books. None of them was as enlightening as Roiter's Beyond Work. Most other books address one or two dimensions of retirement (Roiter calls them domains), and they usually focus on the financial. Don't get me wrong, I'm enough of a realist to know how important the financial dimension is. But I'm also enough of a realist to know that finances are only the beginning of moving beyond work into a new phase of life. Roiter's 4-dimensional approach opened my eyes to the other dimensions I need to plan for: the physical, social and personal. These are what opened my eyes to the realization that I have tasks ahead of me if I want my "new adulthood" to be as rich and fulfilling as my life has been during my working

years. Thank you, Bill, for opening my eyes and my heart. The next decades of my life will be enriched by the insights I've learned from you!

0 of 0 people found the following review helpful. Five Stars
By Sheila Thompson
The book was an excellent choice and price.
1 of 3 people found the following review helpful. Read this before retiring!
By Suzanne Boucher
I bought this book six months before I retired (my choice for early retirement), and I wished I had bought it at least six months earlier! The content is easy to read and well set-up. Even if you are not sure you wish to retire, or think retiring is in the distant future, everyone should be prepared well in advance. This book helps a person to focus positively on the different changes that will happen and how to deal with them successfully. Even though I had already made the decision, there were several areas where I received validation of my choices, and useful suggestions for how to proceed with other areas of my life. This is a must-read for everyone in their forties or fifties!

Silences the worry financially successful people have over retirement while offering them exciting new ways to think about and plan for a life after work
Moving beyond the world of work can be an anxious, fearful time for accomplished professionals fraught with uncertainty and indecision. Do I have enough money to live the life I want? Will I be healthy and able to manage any health problems that arise so that I can live the life I want? Will I be lonely? What kind of life do I want to live? These are the pressing questions they ask themselves and seek answers for. Yet most books on retirement focus mainly on the financial aspects of life after work, offering little of value to those who are financially secure. *Beyond Work* was written for accomplished people who feel financially secure enough to retire, but who are at a loss when it comes to planning their futures. It gives them the tools to think about all the other important aspects of retirement, so they can make a successful transition to and find meaning and satisfaction in retirement. Explores the four challenges that must be met in order to have a fulfilling retirement: financial, physical, social, and personal
Packed with inspiring and instructive real-life retirement stories and practical tools that assist readers in making the transition to life after work

From the Back Cover
How do I know if I am financially secure? What does it take to make friends outside of work? What is my role in taking care of my health? I am not really sure what I want as I move beyond work. How can I find out? Will I be lonely? Is this really the beginning of the end? Can I do this?
Beyond Work
Most baby boomers will do retirement well, but many may struggle. For some accomplished people, putting a successful career behind them to enter retirement can be a daunting prospect to face. Others worry, sometimes unnecessarily, about financial and health concerns. And for some, the huge blank canvas of a looming life of leisure is more anxiety-provoking than it is exciting. Whatever you think about retirement, it is not always easy and you are not foolish for worrying about it. In fact, retirement is a new phase of life; the new adulthood; with its own challenges and rewards. *Beyond Work* shows you how you can make the transition successfully, face this new challenge head-on, and thrive in retirement.
Beyond Work: Goes beyond the financial dimension that tells you if you can retire to consider the three additional challenges that speak to how to retire. Explains the key to a successful retirement: the four domains that provide structure during your new adulthood; financial, physical, social, and personal. Features successful retirement stories from people who are thriving beyond work, as well as advice from experts and practical tools for making your own transition. Helps you to discover what it means to live life on your terms, and what those terms can be. Offers a framework for understanding the choices facing you in retirement, for actively making and renewing decisions about what's best for you, and for making each decision a wise one. Shows you how to leave traditional work behind and find new meaning and success in the life you plan beyond it. Retirement is a big deal, but it is far from the withdrawal from the world that many of us dread. *Beyond Work* demystifies retirement and builds excitement for retiring while tranquilizing the worry about your new adult life.
About the Author
Like most career-focused people Dr. Bill Roiter had not really thought much about retirement until something happened: many of his clients began to ask him his ideas on the subject. Over the past 30 years Bill, a psychologist, has used his knowledge of human behavior to consult to organizations and to coach their executives. Many of the people Bill has known and worked with over the years are retiring or are contemplating it. Many have asked Bill what they should know and think about as they move beyond their work-focused lives. Then four years ago Bill's wife retired from her corporate job and focused Bill's attention on the personal, as well as the professional, aspects of this dynamic part of life. This book is the result of Bill's work with these accomplished people. Bill maintains his own executive coaching practice in the Boston area. In 2004, he coauthored a book with Margaret Butteriss that identified and described Corporate MVPs (Wiley, 2004). He has also owned and sold two businesses, been a vice president for sales and marketing of a publicly traded company, and helped found a venture capital-backed electronic communications company. For the past 12 years Bill has focused his work on coaching executives as they transition to their next challenge. Bill's professional training includes a bachelor's, master's and doctoral degree from Boston University and post-doctoral training and teaching at Harvard University. Bill also teaches executive coaching to professionals looking to develop this expertise.